

GoSTART *Community Transport*

Registered Charity No. 1145266

Expanding Horizons Trips 2024



Join us for our 2024 Expanding Horizons Trips. Days out for anyone who is isolated or lonely and who needs to get out and meet new people.

Offering opportunities to participate in various activities, explore different sights and places of interest around Suffolk, and to form new friendships.

Each vehicle has a limited number of seats available. Our aim is to maximize the number of passengers on each Sunday trip by filling all available seats.

Telephone bookings for trips can be made 14 days before the scheduled date.

Local pickups are offered in Sudbury, Great Cornard, Long Melford, Acton, Great Waldingfield, and surrounding villages, based on seat availability.

**Unit 6, South Suffolk Business Centre
Alexandra Road, Sudbury
Suffolk CO10 2ZX**

**gostart.ct@gmail.com
www.gostart.org.uk**

To book a seat please call: 01787 242116

Sunday 21st April 2024 Lackford Lakes

From Kingfishers to swirling clouds of starlings, the landscape of lakes, reedbeds, meadows, and woodland makes Suffolk Wildlife Trust's Lackford Lakes a wildlife oasis, offering close-up encounters with nature all year round.

£6 per person return

Sunday 12th May 2024 Abbey Gardens, Bury St Edmunds

Offers a tranquil setting in the town centre, ideal for relaxation and people-watching. Visitors can enjoy the serenity of the gardens, explore various shops and museums nearby, and indulge in traditional Afternoon Tea at a choice of tea shops.

£6 per person return

Sunday 16th June 2024 Flatford Mill & Dedham Vale

Explore iconic sites such as Flatford Mill, and Willy Lott's House. This trip offers a peaceful journey through landscapes immortalized in art history; by John Constable; one of England's greatest landscape painters.

£6 per person return

Sunday 29th September 2024 Snape & Aldeburgh

Snape Maltings sits on the bank off the River Alde, surrounded by an Area of Outstanding Natural Beauty, just six miles from Aldeburgh. With shops, cafe restaurants, visitors can also indulge at the Food Festival that takes place on this date. Passengers will have the opportunity to make a short trip to Aldeburgh.

£6 per person return

Sunday 13th October 2024 Harwich Shanty Festival

The historic seaport town of Harwich will be filled with the lively tunes of traditional sea shanties. Streets come alive with performances, maritime demonstrations, pirate-themed activities, barge tours, guided walks, and informative talks.

£6 per person return